# **SMS NEWSLETTER**

MAY/JUNE 2019

At Sacajawea, we are a compassionate community that honors grit and celebrates growth in order to face the future with a level head and a critical eye.

#### **Principal's Corner**

May has arrived signaling the final six weeks of the 2018-2019 school year. It has passed quickly and we have much to celebrate.

Our students just completed the Smarter Balanced Assessment in reading and math. Prior to that, the eighth graders demonstrated their learning in the state's Science CRT test. We look forward to getting the results of those assessments as they will indicate the academic growth of each individual as well as the collective student body. We anticipate that the results will again show strong achievement--the ability to read critically, to communicate thoughtfully and articulately, to reason and problem-solve, to take information, analyze it and respond in a meaningful way--the important academic skills necessary for success in high school and beyond.

Our students have grown in many other ways as well. Adolescence, as we often describe, is a time of tremendous change. Our focus is learning, but learning often comes in many forms. At this time of year, we also celebrate the growth of our students as they become caring, empathetic, and responsible young people. We recognize and encourage their humility, their integrity, their passion knowing that growth in these areas will lead to true success in life.

At Sacajawea, we are a compassionate community that honors grit and celebrates growth in order to face the future with a level head and critical eye.

It is an honor to work with your children each day, a service for which we are grateful. Thank you for entrusting your kids in our care. And thank you for partnering with us to support them in their growth. We feel blessed.

Gordon Grissom

## **PAC Speaker Series**

# The Impact and Danger of Vaping May 9<sup>th</sup>, 6-7pm

Vaping is being recognized as a national crisis for young people as an increasing number of teenagers are lured into the belief that it is a safe alternative to smoking. However, the phenomena is far from safe and is powerfully addictive. In addition, vaping devices are also being used to inhale THC in potent amounts.

Come learn more about the dangers of e-cigarettes and vaping devices from *Heather Demorest* from the Gallatin County Health Department. *Eric Vandersloot*, our School Resource Officer, will also be on hand to share additional information. Join us at 6:00 on Thursday, May 9, in the library.

Main Office: 522-6400 Attendance: 522-6410

Core Value for May/June GRIT

## Dates To Remember

#### MAY

- 1 Talent Show, Willson Auditorium, **6:00-8:00pm**
- **6** 7<sup>th</sup>/8<sup>th</sup> Grade Choir Concert SMS Gym, 7:30-9:00pm
- 7 Dinner & Jazz, SMS Café, 6:00-7:30pm
- **9 PAC Speaker Series** 6:00-7:00pm, SMS Library
- 14-15 Outdoor Club Bear Trap Canyon/Bear Creek Tue 12pm-Wed 3pm
- 14 6<sup>th</sup> Grade Band/Choir/Orchestra, SMS Gym 7:30-9:00pm
- **15** Team Antelope Lantern Project Fund Raiser 6:00-7:30pm
- 16 7<sup>th</sup> and 8<sup>th</sup> Grade Band Concert, SMS Gym, 7:30-9:00pm
- 20 Team Bridger MOR 8:30am-12:30pm
- **20** Select Choir Concert, SMS Café, 7:30-8:30pm
- **21** BHS Jump-Up Day
- 21-25 Washington DC Trip
- **23** 5th Grade Shadow Day
- 24 PIR Day No School
- 27 Memorial Day Holiday No School
- **28** 5<sup>th</sup> Grade Ice Cream Social, 3:45-5:00pm
- **29** 7<sup>th</sup>/8<sup>th</sup> Orchestra Concert, SMS Café, 6:00-7:00pm
- 30 Team Bridger MSU 9:00am-12:45pm
- **30** 8<sup>th</sup> Grade Celebration, 7:00-8:00pm, SMS gym

# The Lantern Project Silent Auction

You are cordially invited to attend The Lantern Project Fundraiser, an evening reception and presentation at the Sacajawea Middle School Cafe, hosted by the 6th Grade Antelope Team.

6 - 7:30 PM, the 15th day of May

#### 8th Grade Celebration

All family members of eighth graders are invited to join us for the Eighth Grade Celebration at 7:00 pm on the evening of Thursday, May 30. We will take some time to reflect on the past three years and recognize the achievements of your students before bringing a close to this chapter of their education. A reception will follow in the cafeteria.

#### Dates To Remember Continued

#### **JUNE**

- **3** Team Bison MSU Procrastinator Theater 12:00-3:00pm
- 4 Team Bison Bike and Hike 12:00-3:00pm
- **5** Team Bridger Water Treatment Plant, 8:30am 2:00pm
- 5 Team Bison MSU SUB REC Center 12:00-3:00pm
- **5** Team Madison Rose Park
- 6 Last Day of Classes 12:45 Early Release



#### Please save your Box Tops!

The SMS Library has a great volunteer who clips and ships them off. We get two reimbursements per school year. We use Box Tops \$\$ to fill teacher and student

requests
Thank You!
SMS Library

The SMS Library is in need of the following magazines:

National Geographic April 2015 & May 2017

If you would like to donate those copies, we would appreciate it!

Thank You!

### 6<sup>th</sup> Grade Parents Immunizations for 7<sup>th</sup> Grade Entry

All 6th grade students are required to have a *tetanus booster (TdaP)* prior to the start of 7th grade. This tetanus booster must have been given within the past five years. Most 6th graders have not yet had the TdaP booster. Now is the time to review your child's immunization status and take steps for your child to receive this required vaccination. Students will not be allowed to attend classes until they have received this vaccination.

It is important that the parent/guardian <u>provide documentation</u> of any immunizations to the SMS Counseling Office for your student's records. Please fax proof of immunization to 522-6474; drop off a copy at the SMS main office; or email to vickie.edelman@bsd7.org

#### 2019-2020 All In One Form

All In One Forms for the 2019-2020 school year are *now available*.

# All In One Forms MUST be completed EVERY year BEFORE the first day of school.

If forms are not completed BEFORE school starts, students will not be allowed to use any technology in the classrooms OR participate in any Field Trips.

Please login to your PowerSchool Parent Portal account, click on Ecollect Forms. If you need assistance please call Vickie Edelman, SMS Registrar 522-6422

# It's APPLE Award time - the perfect way to honor your child's teacher before the end of the school year!

APPLE Recognition Awards honor teachers, administrators, staff and school leaders for their dedication and contributions to excellence in education. APPLE Awards are tax deductible donations to the Bozeman Schools Foundation to help fund district wide programs, including Spark Teacher Grants and Worthy Student Scholarships.

Your donation of ANY amount will honor your chosen educators with:

- A personalized award
- A yummy APPLE donated by Heeb's Fresh Market
- Teacher Recognition on the Bozeman Schools Foundation website & social media
- Acknowledgement given to their school principal

To purchase an APPLE Award go to <a href="https://secure.qgiv.com/for/appawa">https://secure.qgiv.com/for/appawa</a>
Please order by April 30th.



#### **Outdoor Club Thanks Montana Angler for Support**

Montana Angler on East Main Street has provided great support to our students at Sacajawea Middle School Outdoor Adventure Club. With the donation of additional fly tying vices, hooks, hackle, threads and supplies, students were able to learn the fundamentals of tying and worked through tying a series of trout loving classics. Students learned to tie a wooly worm, wooly bugger, chernobyl ant, foam hopper pattern, caddis larva and an elk hair x-caddis. It was a new experience for most and we all enjoyed the challenge of tying and learning about insects and fish. Students will culminate the experience with an outing to Bozeman Creek to identify aquatic insects and match them to patterns they tied, as well as a fishing trip on the Madison River.

#### Thanks Montana Angler!

#### Be Aware of Factors That May Increase the Risk of a Child's Alcohol Use

Factors that may increase risk include: Significant social transitions such as graduating to middle or high school or getting a driver's license; a history of social and emotional problems; depression and other serious emotional problems; a family history of alcoholism; and contact with peers involved in troubling activities.

Resource (link): <a href="https://www.samhsa.gov/underage-drinking/parent-resources/what-you-can-do-prevent-your-child-drinking">https://www.samhsa.gov/underage-drinking/parent-resources/what-you-can-do-prevent-your-child-drinking</a>

#### **THRIVE**

#### Parents: We are Enough

Recently, my little guy threw me a parenting curve ball. What am I going to do? I asked myself... I have no idea how to handle this! It's as if my brain had gone dead—no strategies came to mind. The old internal recording of "I am a Parenting Failure" began playing.

Blood in my brain shifted to my brain stem (aka the reptilian portion of my brain). The brain stem's job is Fight, Flight or Freeze. This old Psychology 101 process left me alone and afraid. Locked in that space, I was unable to use my frontal lobe (which is thinking and reasoning).

After some deep breaths, I found some empathy for myself and began to calm down. The blood returned to my frontal lobe and I began to problem solve. I repeated the phrase that I have said to myself many times: *I have what I need here*.

So often, as parents, we forget that we have what it takes to be awesome. Just as we successfully brought our tiny infant home from the hospital, we too, can handle the curve balls of adolescence. The key is to not let our brains trick us into believing otherwise.

What our kids need is one thing: us. They need us to listen. They need our interest. They need our time. They need our love. And we are enough.

For these and other parenting tips, contact your SMS Thrive Parent Liaison, Ashley Mares Jones at 522-6713 or email her <a href="mailto:ashley.maresjones@bsd7.org">ashley.maresjones@bsd7.org</a>

#### 2019 Bozeman Summer Activities Guide

Wondering how to keep your Middle Schooler busy this summer? Hoping to find a camp or two to keep them active and engaged? **The Montana Parent 2019 Summer Camp Activities Guide** may have some ideas!

From learning Spanish with the Bozeman Rec Department to rock climbing camps at Spire, the Montana Parent Guide has it all. Hundreds of camps and clinics are listed for kids of all ages!

Grab the latest Montana Parent magazine or check out the digital link below:

https://indd.adobe.com/view/42264dbc-aff6-4790-bc06-322b998c20c4

For these and other parenting tips, contact your SMS Thrive Parent Liaison, **Ashley Mares Jones** at 522-6473 or email her <a href="mailto:ashley.maresjones@bsd7.org">ashley.maresjones@bsd7.org</a>

## **Summer STEM Camp**

**Mobility Innovations:** A week long camp to get everyone moving with STEM, urban design, and career exploration activities at MSU.

When: July 15-19, 2019 **OR** July 22-26, 2019, 9:00 AM to 3:00 PM Daily

The *Western Transportation Institute at Montana State University* will host two week-long STEM and design-themed summer camps for students entering 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup> grades. The camps will be held on *MSU campus* and are *free of charge* to participants. Participants may register online as space is available. The camp will cover a diverse mix of topics and hands-on activities to include community design, ecosystems, wildlife habitats, advanced technologies, computer coding, aviation, sustainable materials, and more.

For more information and registration: <a href="http://bit.ly/MSUSTEM2019">http://bit.ly/MSUSTEM2019</a>

#### **After School Clubs**

**Clubs Currently in Session:** A variety of clubs are in session and open to students to participate. Clubs occur from 3:30-4:30 on the days listed below, are free, and are open to students on a drop-in basis. Encourage your students to participate in clubs of interest.

<u>Monday</u>

Coding Club – Pat Bauerle – Rm F19 Computer – Gordon Chamberlain – Rm C8 Outdoor Club – Chris Ottey – Rm F22

Falcon It Right (Service Club) - Deb Tew - Rm F14

<u>Tuesday</u> Robotics – Gordon Chamberlain – Rm C8

Archery – Justin Mollgaard - F20 Art Club – Tim Rooney – C-5

Yearbook – Jessica Amende, Elise Meldahl - Rm F18

<u>Thursday</u> Robotics- Gordon Chamberlain - Rm C8

Knitting – George Scott – Rm D12 Archery – Justin Mollgaard - F20 Role Playing – Nick Warren – D14

\*Kindness Campaign – Kace Doornbos – 7th Grade Lunch